



Week One

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|---|---|--------------------------------------|--|
| Option 1 | Organic Meatballs in Tomato Sauce | Cheese & Tomato Pizza ^{VG} | Roast Beef with Roast or Creamed Potatoes ^{DF EF} | Homemade Lasagne with Crusty Bread | Harry Ramsdens Battered Fish |
| Option 2 | Stuffed Peppers with Quorn Mince | Veggie Bolognese | Homemade Veggie Roast ^{VG} | Quorn Sausages with Creamed Potatoes | Cheese and Onion Pasty ^{VG} |
| Sides | Cous Cous with Mediterranean Roasted Vegetables | Baked Beans, Sweetcorn & Tomato Ketchup | Cabbage, Carrots & Gravy | Peas & Sweetcorn | Chips or Pasta, Seasonal Vegetables & Tomato Ketchup |
| Desserts | Chocolate Cake with Chocolate Sauce | Toffee Apple Crumble & Custard | Cheese & Biscuits with Grapes or Apple Slice or Ambrosia Rice Pot | Flapjack Slice with a Fruit Drink | Oat & Sultana Cookie with a Milk Drink |

Available Each Day Fresh fruit, salad, bread, yoghurt and water
Jacket potato option (please check with your school for availability)

Week starting: 17 Apr • 8 May • 5 Jun • 26 Jun • 17 Jul • 11 Sept • 2 Oct



Week Two

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|--|--|--|---|---|
| Option 1 | Tomato Penne Pasta with optional Olives & Basil ^{DF VG} | Westcountry Burger in a Bap | Roast Chicken & Stuffing ^{DF EF} | Chicken & Sweetcorn Pasta Bake | Fish Fingers ^{GF DF} |
| Option 2 | Smoked Lentil & Black Bean Chilli Served with Rice | Mexican Bean Burrito | Cheese & Potato Bake ^{VG EF} | Cheese Wheels, Corn-on-the-Cob & Crusty Bread ^{VG} | Quorn Burger ^{VG} |
| Sides | Crusty Bread, Green Leaf Salad & Coleslaw | Peas & Wedge Potatoes | Roast Potatoes or Mashed Potatoes, Broccoli, Carrots & Gravy | Salad &/or Peas | Chips or Pasta, Seasonal Vegetables & Tomato Relish |
| Desserts | Melon & Grape Medley | Jaynes Dairy Free Chocolate Orange Iced Cake | Banana Split served with a Fruit Coulis | Lemon Mousse Slice | Fruit Cake with Milkshake |

Available Each Day Fresh fruit, salad, bread, yoghurt and water
Jacket potato option (please check with your school for availability)

Week starting: 24 Apr • 15 May • 12 Jun • 3 Jul • 24 Jul • 18 Sept • 9 Oct



Week Three

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|---|--|--|--|
| Option 1 | Chicken Wrapped in Bacon with BBQ Sauce on the side ^{GF DF EF} | Homemade Quorn Spaghetti Bolognese ^{DF EF} | Roast Pork & Apple Sauce with Roast or Creamed Potatoes ^{DF EF} | Sausage or Quorn Sausage with Omelette | Seaside Battered Fish |
| Option 2 | Mac 'N' Cheese ^{VG} | Vegetable Fajita ^{VG} | Homemade Veggie Plait ^{VG} | Vegetable & Quorn Paella ^{EF VG DF} | Stir Fry Vegetables & Tofu with Noodles & a sweet Chilli Sauce ^{VG} |
| Sides | Mixed Summer Vegetables and Creamed Potato Side Salad | Peas & Coleslaw | Carrots, Green Beans & Gravy | Diced Potatoes, Baked Beans and Mushrooms | Chips or Pasta, Seasonal Vegetables & Tomato Ketchup |
| Desserts | Iced Caribbean Cake (Banana, Pineapple & Orange) | Raspberry Mousse Slice | Fresh Fruit with Milkshake or Ambrosia Rice Pot | Fruit Jelly | Chocolate & Raisin Cracknel Fruit Juice Drink |

Available Each Day Fresh fruit, salad, bread, yoghurt and water
Jacket potato option (please check with your school for availability)

Week starting: 1 May • 22 May • 19 Jun • 10 Jul • 4 Sept • 25 Sept • 16 Oct

Did you know?

Mexico is a country in North America, its capital is Mexico City. Mexico is famous for its spicy hot chillies! Try some Mexican style foods with our smoky lentil and black bean chilli, Burritos and Fajitas.

Did you know?

Spain is a country in Europe its capital is Madrid. Spain has over 1,000 miles of coastline around the Mediterranean sea. Try our Spanish influenced foods including Paella, Cous cous with Mediterranean roasted vegetables and stuffed peppers.

Did you know?

Italy is a country in Europe, its capital is Rome. Italy is famous for pizza and pasta, try our meatballs, bolognese, pizza and pasta dishes to sample some of the foods Italy has to offer.