

Grenville House Outdoor Education Centre

PERSONAL KIT CHECKLIST

The number of specific items brought will depend on the time of year and weather forecast for the duration of your stay. A standard size suitcase or holdall, plus a small day sack will normally be sufficient. It is advisable to clearly label all items and avoid packing any expensive luxury items which may get lost or damaged.

ITEM	PACKED ✓
1 x Standard size suitcase/holdall	
1 x Day/Back pack	
1 x Pair training shoes/pumps with laces (Wet activities) Please note Crocs & 'Beach shoes' are NOT suitable.	
1 x Pair trainers/walking boots with laces (General use/dry activities)	
1 x Pair spare trainers with laces (Just in case?)	
1 x Bin liner for wet/used clothes	
1 x Drinks bottle	
1 x Sandwich box	
1 x Sun hat	
Sun Cream SPF 30	
1 x Pair shorts - to wear over a wetsuit	
Swimwear - to wear underneath a wetsuit	
Hat/Gloves – for cold weather	
Tee-shirts – (enough for the duration of the visit.)	
2 x Fleece/Sweatshirt/Jumper	
2 x Pairs Tracksuit bottoms	
2 x Pairs Trousers (NOT DENIM)	
1 x Warm coat/Jacket	
1 x Rainproof jacket/trousers	
1 x bath towel	
1 x hand towel	
Nightwear/Dressing Gown	
Underwear – lots	
Socks – lots	
Toiletries – Shower Gel/Toothpaste/toothbrush	
Favourite Cuddly Toy!	
£5.00 in coins (£1.00's, 50p's, 20p's & 10p's)	

Please DO NOT bring:-

Aerosols

Mobile Phone

IPods, IPad, games consoles etc. or anything of high value/sentimental value.