

## Ventrus Primary School Menu Week 1

Lunch for .....	Lunch for .....	Lunch for .....	Lunch for .....	Lunch for .....
<p><b>Monday</b></p> <p>M – Macaroni cheese, focaccia bread and sweetcorn</p> <p>V – Vegetarian Hotdog with crispy round potatoes and sweetcorn</p> <p>JP - with cheese</p> <p>D – Fresh Fruit</p>	<p><b>Tuesday</b></p> <p>M – Sausage, mash and gravy with peas</p> <p>V- Butternut squash, spinach and courgette casserole with potato mash and peas</p> <p>JP - with cheese and beans</p> <p>D – Carrot cake</p>	<p><b>Wednesday</b></p> <p>M – Roast Chicken, potatoes and fresh vegetables</p> <p>V – Vegetarian sausage roll with potatoes and fresh vegetables</p> <p>JP - Tuna</p> <p>D – Various ice-creams</p>	<p><b>Thursday</b></p> <p>M – Beef bolognaise, Pasta with sweetcorn</p> <p>V – Focaccia bread pizza with pasta and sweetcorn</p> <p>JP - Beans</p> <p>D – Apple flapjack</p>	<p><b>Friday</b></p> <p>M – Fish Fingers, chips and veggie sticks</p> <p>V – Quorn nuggets, fries and vegetable sticks</p> <p>JP - with cheese</p> <p>D – Cookie</p>

## Ventrus Primary School Menu Week 2

Lunch for .....	Lunch for .....	Lunch for .....	Lunch for .....	Lunch for .....
<p><b>Monday</b></p> <p>M – Focaccia bread pizza with crispy round potatoes and sweetcorn.</p> <p>V -Vegetable bolognaise with pasta and sweetcorn</p> <p>JP - Cheese</p> <p>D – Fruit Slices</p>	<p><b>Tuesday</b></p> <p>M – Breaded fish with potato wedges and peas.</p> <p>V- Haloumi stuffed peppers with potato wedges and peas</p> <p>JP - Beans</p> <p>D –Lemon Drizzle Cake</p>	<p><b>Wednesday</b></p> <p>M – Roast Chicken, potatoes and fresh vegetables with gravy</p> <p>V-Cauliflower and broccoli cheese bake potatoes and fresh vegetables</p> <p>JP - Tuna</p> <p>D – Various ice-creams</p>	<p><b>Thursday</b></p> <p>M –Hotdog with crispy round potatoes and sweetcorn</p> <p>V – Roasted vegetable pasta bake, with crispy round potatoes and sweetcorn</p> <p>JP – Cheese</p> <p>D – Banana and raspberry cake</p>	<p><b>Friday</b></p> <p>M – Chicken breast nuggets, fries and vegetable sticks</p> <p>V – Quorn dippers, fries and vegetable sticks</p> <p>JP - Beans</p> <p>D – Cookie</p>